

# Please donate as many tins and packets as you can

- \* Coffee and tea
- \* Sugar
- \* Milk - UHT or powdered
- \* Tinned potatoes
- \* Packet pasta, rice and noodles
- \* Pasta cook-in sauces
- \* Tinned fruit and desserts
- \* Tinned rice pudding
- \* Cereals
- \* Biscuits
- Hot chocolate
- Custard
- Tinned vegetables and tomatoes
- Spaghetti hoops
- Tinned meat
- Jam and marmalade
- Toilet rolls
- Baby essentials nappies
- Deodorant
- Shaving equipment
- Shampoo

The items marked with an \* are those we run out of quickly.

**Birmingham City Mission Resource Centre**

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