



SLEEPOUT

FRIDAY 28TH FEBRUARY 2020
8PM TO 6AM

Information & Guidelines for Participants

The aim of BCM's Sponsored Sleepout is to raise funds for Birmingham City Mission's work with homeless people and to raise awareness of what it is really like to sleep rough. Please come prepared for a very cold night out in the middle of winter.

The arrival desk will be open from 8pm, and there will be an official welcome at 9pm. During the evening there will be a presentation on the work of Birmingham City Mission. The gates will close for the night at 11pm, although you will be free to leave the site at any time.

Hot drinks and soup will be served from 9.15pm to midnight, and breakfast from 5am to 6am.

The event will take place at BCM HQ Carpark, The Clock Tower, 2 Langdon Street, Birmingham B9 4BP. It is behind Big John's on the roundabout just off Garrison Lane. There is free on-road parking nearby.

What to bring

We will provide you with two large cardboard boxes. To make your night as comfortable and warm as possible, here are some ideas of things you may like to bring:

| | |
|--|-------------------|
| Plenty of warm and waterproof clothing | Food |
| Hat and gloves | Brown parcel tape |
| Sleeping bag | Ground sheet |
| Blanket | Hot drink |
| Torch | Guitar |
| Playing cards | Chocolate |

Young people

Under 18s must be accompanied by an adult who will be responsible for them, and have parental or guardian consent. Youth Group leaders must ensure the ratio of adults to young people in their group satisfies legal requirements and will be responsible for the behaviour and conduct of their members at all times during the Sleepout.

To note

There will be access to inside the BCM offices in case of severe conditions or individual needs. Those taking part in the Sleepout do so entirely at their own risk. In taking part in the Sleepout, the participants agree that Birmingham City Mission shall not be held responsible for any injuries or loss of whatever nature or death suffered by the Sleepout participants.

No alcohol or drugs are to be brought to the Sleepout. BCM reserve the right to object to any individual participating in the Sleepout at any time during the course of the Sleepout.

If you need any further information please get in touch on 0121 766 6603 or email us at office@birminghamcitymission.co.uk. Visit birminghamcitymission.org.uk for sponsorship and registration forms.

If you would like to take part in the Sleepout, please complete the registration form and send it to us at the address below. We will then be in touch with further arrangements in preparation for the night.

If you are registering a youth group, please complete a form for each individual, including parental or guardian consent for those under 18 years old. Please also make sure that all members of your group have read and understand the Information & Guidelines for Participants.

BCM's Sponsored Sleepout 2020 Registration Form

First Name Surname

Age Email

Address

..... Post Code

Tel

Name of Company/Church/Organisation (if applicable)

Emergency Contact Details for the Sleepout:

Name Contact Tel

PARENTAL/GUARDIAN CONSENT: This section must be completed by the parent/guardian of participants under 18 years of age. Participants under 18 years must be accompanied by a responsible adult aged at least 18 years old.

I, the parent/guardian of, give consent for them to take part in BCM's Sponsored Sleepout on 28th February 2020.

Signed Name

Contact Tel No

Will you be accompanying your child at the Sleepout? Yes/No

If you are **not** accompanying your child at the Sleepout, please state the adult accompanying your child:

Name

Do you have any medical conditions you would like us to be aware of?

Do you have any food allergies or special dietary requirements?

Are you happy to be included in photographs and video recordings taken at the event for use in publicity? Yes/No

Please send me regular news from BCM by: email post both

Your details will not be shared by BCM with other organisations or third parties unless required to do so by law. If you no longer wish to receive communications from BCM you can unsubscribe at any time by letting us know at the address below, office@birminghamcitymission.co.uk or on 0121 766 6603.

Please register me to participate in Birmingham City Mission's Sponsored Sleepout on 28th February 2020. I have read, understand and agree to the Information & Guidelines for Participants.

Signed Date

Please return your completed form(s) to: Birmingham City Mission, The Clock Tower, 2 Langdon Street, Birmingham B9 4BP.

Thank you for taking part in BCM's Sponsored Sleepout.